



2016 Social Service Funding Application – Non-Alcohol Funds

SECTION 1. APPLICANT INFORMATION

Legal Name of Agency: GaDuGi SafeCenter
Name of Program for Which Funding is Requested: Crisis Intervention/Advocacy Program
Primary Contact Information (must be available by phone 5/27/15 from 8 a.m. to 12:00 p.m.)
Contact Name and Title: Chrissy Heikkila, Executive Director
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SECTION 2. REQUEST INFORMATION

- A. Amount of funds requested from the City for this program for calendar year 2016: \$ 9,000
- B. Will these funds be used for capital outlay (equipment or facilities?) If so, please describe: No
- C. Will these funds be used to leverage other funds? NO If so, how: n/a
- D. Did you receive City funding for this program in 2015? If so, list the amount and source for funding (i.e. General Fund, Alcohol Fund, etc.): No
1. How would any reduction in city funding in 2016 impact your agency? n/a
 2. If you are requesting an increase in funding over 2015, please explain why and exactly how the additional funds will be used: n/a

SECTION 3. PROGRAM BUDGET INFORMATION

- A. Provide a detailed budget for the proposed program using the following categories: personnel (list each staff position individually and note if new or existing), fringe benefits, travel, office space, supplies, equipment, other. Please see budget attachment
- B. What percent of 2016 program costs are being requested from the City? 5%
- C. Provide a list of all anticipated sources of funding and funding amount for this program in 2016: Please see budget attachment

SECTION 4. STATEMENT OF PROBLEM / NEED TO BE ADDRESSED BY PROGRAM

- A. Provide a brief statement of the problem or need your agency proposes to address with the requested funding and/or the impact of not funding this program. The statement should include characteristics of the client population that will be served by this program. If possible, include statistical data to document this need.

Sexual violence in all its forms is a major public health concern that negatively impacts the physical, psychological, behavioral, and social health of individuals and communities. Sexual violence continues to be exceptionally pervasive and severely underreported in local communities. According to the CDC, it is estimated that 1 in 5 women and 1 in 71 men will be sexually assaulted in their lifetime (2012). However, due to legal and sociocultural barriers to reporting, the national law enforcement reporting rates of sexual assault remain at an estimated 40 percent (Rape, Abuse, and Incest National Network, 2009). In Lawrence alone (according to the Lawrence Police Department's UCR report) there were 54 rapes, 7 statutory rapes, 13 forcible sodomies, 56 forcible fondlings, 1 incest, and 2 human trafficking cases in 2012. Statistical figures demonstrate the extensiveness of sexual violence and indicate that there is a substantial need for services that 1) are not contingent on the victim-survivor's standing involvement with the criminal justice system and 2) address the severe trauma and its effects endured by an inordinate number of individuals.

In 2014 GaDuGi SafeCenter served 299 adults and 36 children victim-survivors and dedicated over 1,300 hours of direct service. GaDuGi SafeCenter also works to ensure that our services remain accessible to individuals from a variety of underserved populations and continue to see an increase in victim-survivors with reduced access to financial, academic, and social opportunities and services including youth, American Indian and Alaska Native tribal communities, people of color, aging adults, men, LGBTQ people, and people with

disabilities.

Funding from the City of Lawrence would allow GaDuGi SafeCenter to maintain and strengthen its most essential services including our 24/7 Support Hotline and crisis response (which includes hospital advocacy, emergency financial assistance services, law enforcement advocacy, crisis intervention, supportive counseling, safety planning, and information and referral). The combination of extensiveness, severity, and the unique challenges victim-survivors experience indicate the significant need of comprehensive and available 24/7 advocacy and support. Funding would guarantee the availability of services and ensure that victim-survivors of the Lawrence community receive culturally competent, trauma-informed, and effective direct services and thus benefitting the social health and wellbeing of the community as a whole.

B. How was the need for this program determined?

GaDuGi SafeCenter's crisis intervention and advocacy program is the agency's longest standing service and critical to the agency's community response to sexual violence. In the 1970's, services for victim-survivors developed as a result of the extensiveness and the poor response and treatment of people experiencing sexual violence. Victim-survivors recognized that the evidentiary burden ultimately placed on them including sexual assault forensic evidence collection exams, law enforcement interviews, and victim testimony and court appearances, in addition to the victim-blaming responses of family, friends, and the general community caused significant re-victimization and re-traumatization for individuals that already endured significant violence.

GaDuGi SafeCenter was established in 1972 by a University of Kansas student victim-survivor that recognized the negative impact of the sexual assault response system in Lawrence and organized other students, survivors, and community stakeholders to create the first rape crisis center in the state of Kansas. Free-of-charge services, like those offered by GaDuGi SafeCenter, offer necessary support that mitigates the victimization and trauma of sexual violence and its response process in a safe and supportive environment that successfully promotes healing and recovery.

C. Why should this problem/need be addressed by the City?

Sexual violence affects the whole community and GaDuGi SafeCenter is built to be a safety-net and support system that cannot be found elsewhere in our community. Victim-survivors experience problems and concerns related to work, housing, family, and school in addition to the intrinsic physical and psychological damages that sexual violence creates. For instance, sexual violence can significantly affect a victim-survivor's ability to work; negatively impact income and earnings over a lifetime; produce low academic achievement; result in higher rates of homelessness, and can contribute to a multitude of other individual concerns that negatively impact the social and economic health of communities. The presence, advocacy, and support of an advocate during first response and emergency services including forensic evidence collection exams at the hospital, during police interviews, and during crisis or emotional distress on the 24/7 Support Hotline promotes safety, health, and wellbeing by providing knowledgeable and effective service, ultimately alleviating long-term effects. Additionally, with the amount of depression, anxiety, and emotional distress that results from the confluence of these factors, the mental health and wellbeing of victim-survivors also demand the availability of 24/7 crisis intervention, supportive counseling, and comprehensive information and referral.

D. How does the program align with the Community Health Plan (see page one)?

GaDuGi SafeCenter is committed to working towards the Community Health Plan and additionally actively participates in the United Way's Health goal that aligns with the Plan as well. GaDuGi SafeCenter's 24/7 Support Hotline and crisis response services align directly with two areas of the Community Health Plan: access to health services and mental health.

Access to Health Services

Through a strong partnership with Lawrence Memorial Hospital (LMH), GaDuGi SafeCenter advocates work diligently to both respond to the emergency medical needs of victim-survivors in multiple ways including on the 24/7 Support Hotline, at LMH, and at other health agencies for follow-up medical care. On the 24/7 Support Hotline, victim-survivors call to ask about options for medical care after an assault and our highly trained advocates offer detailed information and make appropriate referrals with special attention to medical evidence collection, physical injury, as well as sexual and reproductive health. At Lawrence Memorial Hospital, advocates ensure that victim-survivors receive the medical care that best suits their personal needs and work closely with medical staff to ensure that victim-survivors understand the medical care they receive and access appropriate follow-up care. Advocates also provide ongoing trauma-informed medical advocacy accompaniment to victim-

survivors in order to ensure that they receive appropriate follow-up medical care that guarantees disease prevention or alleviates injury or symptoms.

Mental Health

The trauma of sexual violence experienced by victim-survivors can often produce psychological distress that can be extremely debilitating and frequently necessitates trauma-informed advocacy and therapeutic services that promote recovery, health and wellbeing.

Victim-survivors of sexual violence often endure severe chronic psychological, behavioral, and social health consequences due to the acute trauma they experience. According to the Centers of Disease Control and Prevention (CDC) psychological, behavioral, social health concerns for victim-survivors include depression, posttraumatic stress disorder, anxiety, alienation, suicidal ideation, insomnia, alcohol and drug abuse, unhealthy diet-related behaviors, high-risk sexual behaviors, diminished support from familial and social interactions, less frequent contact and strained relationships with family, friends, and intimate partners and a variety of other health effects that negatively impact individuals, families, and communities (2012).

Advocates receive extensive training in trauma-informed supportive counseling and crisis intervention. Advocates work to provide comprehensive supportive services to victim-survivors on the 24/7 Support Hotline, Lawrence Memorial Hospital, and the law enforcement center that alleviate emotional and psychological distress. Advocates also work diligently to access and consult with the therapeutic services staff which includes licensed mental health professionals in order to provide effective ongoing support and direct service to victim-survivors. Additionally, advocates work thoroughly to connect victim-survivors utilizing the 24/7 Support Hotline and face-to-face advocacy services with mental health services provided at GaDuGi SafeCenter including individual therapy, child therapy, family therapy, and group therapy.

SECTION 5. DESCRIPTION OF PROGRAM SERVICES

- A. Provide a brief description of the service you will provide and explain how it will respond to the need you identified in Section 4. The description should include how many clients will be served, and should describe as specifically as possible the interaction that will take place between the provider and the user of the service.

Program services and activities are detailed in this application under each objective in SECTION 6. PROGRAM OBJECTIVES.

- B. What other agencies in the community are providing similar types of services. What efforts have you made to avoid duplication or coordinate services with those agencies?

GaDuGi SafeCenter is the sole provider of sexual violence-specific services in Douglas, Franklin and Jefferson Counties. The agency is committed to a strong partnership with other crisis intervention and mental and physical health services in the community to ensure that resources are being maximized and collaborations are occurring with clients and services that are shared within agencies in Lawrence. An example of this coordination is the active participation in the United Way health goal, in which GaDuGi can share and collaborate with similar and supportive agencies towards a goal. This has brought forth an increase streamline of referrals and support for clients and clearer pathways to a healthier Lawrence. Additionally, GaDuGi SafeCenter has a Memorandum of Understanding with the Willow Domestic Violence Center and DCCCA's First Step house that meets quarterly to ensure that shared clients are receiving comprehensive and coordinated services while in the agencies care. Lastly, GaDuGi SafeCenter has increased support and collaborations with student services at the University of Kansas and was included in the KU Sexual Assault Taskforce recommendations (May 2015) to the Chancellor as an important piece to the campus response to sexual violence.

SECTION 6. PROGRAM OBJECTIVES

Please provide three specific program objectives for 2016. Objectives should demonstrate the purpose of the program and measure the amount of service delivered or the effectiveness of the services delivered. A time frame and numerical goal should also be included. Examples include, "75% of clients receiving job training will retain their job one year after being hired," "increased fundraising efforts will result in a 15% increase in donations in 2016," "credit counseling services will be provided to 600 clients in 2016," etc. **Applicants will be expected to report their progress toward meeting these objectives in their six-month and annual reports to the City.**

Objective 1. Provide crisis response and support to 175 primary and secondary victim-survivors seeking services.

- 1a. Respond to crisis line calls/office walk-ins to provide advocacy and support.

- 1b. Respond within 30 minutes to Lawrence Memorial Hospital to provide medical advocacy as requested.
- 1c. Provide accompaniment and support to victim-survivors during law enforcement interviews and investigation proceedings.
- 1d. Provide crisis intervention and supportive counseling to victim-survivors.
- 1e. Provide information and referrals as necessary when responding to victim-survivors
- 1f. Provide emergency financial assistance to victim-survivors with significant barriers to physical and financial security (e.g. hotel, locks, cell phones, food, replacement clothing, personal care items, etc.).
- 1g. Assist victim-survivors with obtaining emergency shelter (i.e. Willow Domestic Violence Center, Lawrence Community Shelter, and other shelters).

Objective 2. Provide advocacy to 75 primary and secondary victim-survivors seeking agency services throughout the criminal justice process.

- 2a. Provide criminal justice and court advocacy to Douglas County residents seeking services.
- 2b. Coordinate with Rural and Underserved Advocate to ensure coverage of Franklin and Jefferson County court proceedings.
- 2c. Assess immediate needs and provide referrals and support as necessary.
- 2d. Assist victim-survivors with Protection From Abuse or Protection From Stalking paperwork and accompany them to hearings associated with protection orders.
- 2e. Assist victim-survivors with completing and gathering necessary paperwork in preparation for legal proceedings.
- 2f. Coordinate with criminal justice officials in Douglas County regarding services and support.

Objective 3. Recruit and train 10-15 new volunteer advocates who will provide direct service and 24/7 support hotline coverage and provide continued education and support to 10-20 current volunteer advocates.

- 3a. Advertise and recruit new volunteers that reflect the diversity of the agency service area through agency website, Roger Hill Volunteer Center, social media websites, volunteer fairs, and individual referrals.
- 3b. Continually maintain and update training materials to ensure inclusive advocacy and best practices.
- 3c. Will provide new volunteer advocates with 40+ hours of training on sexual violence advocacy and support topics.
- 3d. Organize, manage, and facilitate bi-monthly volunteer advocate meetings.
- 3e. Provide one-on-one support to volunteers and staff regarding victim advocacy.
- 3f. Provide ongoing trainings and educational opportunities to volunteers.